



Oakley Lodge Care Home

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WELCOME TO OAKLEY LODGE CARE HOME

A family orientated nursing home for adults with learning disability and dementia.



Welcome to Oakley Lodge Care Home, a specialist nursing home that caters to individuals with learning disabilities and dementia. With over forty combined years of experience in mental health learning disability services, we strive to provide an excellent level of care in a friendly atmosphere and can offer both long-term residential and nursing care as well as respite care.



Our Mission

At the heart of Oakley Lodge are four principle tenets that we adhere to, in order to provide the level of care our residents deserve.

1: To promote dignity and independence. Quite often our residents may not be able to look after themselves wholly on their own. We aim to always maximise our residents' autonomy wherever possible, and to help them make their own choices.

2: To treat our residents as individuals. Care should never be of a "one size fits all" approach. At Oakley Lodge we treat our residents as individuals using a person-centred approach, in which we look at them as a whole and tailor our care uniquely to their individual needs.

3: To nurture the mind and spirit. As part of our goal in providing the highest care, it is also important to provide stimulation for the mind. We provide this in the form of daily activities, outdoor trips, and engaging them on a daily basis. We cater to our residents' likes and dislikes, giving them an enriching experience.

4: Providing a safe and relaxed home environment. At Oakley Lodge, we want our residents to feel at home. We understand living with a learning disability or dementia can be overwhelming at times, and in order to minimise any anxiety, frustration or fear we aim to provide a calm and quiet home without too much environmental stimulation. Trust is also incredibly important for our residents to feel safe, and so our staff are fully trained to be compassionate and adapt to their needs.

Meet our Team

The staff at Oakley Lodge are experienced carers and nurses, with training in learning disability and dementia care. Throughout each shift there will always be one registered nurse on site to respond to our residents' care needs and a number of experienced carers to assist.

Throughout the working week the registered manager and owner will be on site, and "on call" over the weekend to support the staff and address any concerns. Our registered manager is a fully qualified registered medical Doctor and has experience in mental health and learning disability, and coming from a medical family background has close Psychiatric support, particularly in learning disabilities and Autism.

We ensure our staff are trained in learning disability and dementia care on a regular basis, and all our staff have some training in Basic Life Support whilst our registered manager is fully trained in Advanced Life Support.



Joining us at Oakley Lodge

Coming into care can be a daunting prospect. At Oakley Lodge we provide a trial period to allay this. Through this trial period they can get to know us and we can get to know them without any commitment either way. Our trial period typically is four weeks, which will provide ample time for us to get to know each other.

Involving Family

At Oakley Lodge, family is at the heart of our home and we intend to reflect that in the care of our residents. We strongly encourage family members to be involved in their loved one's care, and suggestions and feedback is gladly received.

Policies and Procedure

Our service is governed by our policies and procedures, and a copy is always available to you at any time for you to access.

Facilities

Oakley Lodge provides 10 spacious single rooms split between two adjacent buildings. Oakley Lodge 55 accommodates three residents, whilst Oakley Lodge 57 accommodates seven residents. A stair lift and platform are available for ease of access, should it be required. All bedrooms are over 12 square metres providing pleasant views outside, and are all fitted with en-suite facilities to provide privacy. Rooms are equipped with adjustable beds to maximise comfort and are designed to improve ease of access.



Communal Areas



We provide two main communal lounges for our residents to socialise in, to take part in leisure activities and have their meals. Our staffs are active in these lounges, ensuring that our residents will be engaged and socially supported. Access to radio, television, newspapers and books are fully and freely available to those in our care. Our residents also have free access to a large garden for their enjoyment.

Dining Experience

We provide a varied weekly menu, and accommodate dietary requirements taking into account cultural and religious sensitivities, allergies and intolerances, food consistencies if any swallowing problems, and of course our residents' personal preferences. All of our food is home cooked on site. We also able to liaise with dieticians if nutritional support is required. Should a resident require assistance with feeding, our trained staff are happy to help.

Leisure and socialising

We consider it a responsibility of ours to help our residents develop and nurture any interests they have. We would also welcome them to explore new hobbies and interests.



Social activities are arranged for the enjoyment and quality of life of those in our care with the intention of reflecting their interests, wishes and capabilities. At least twice a year, we meet to discuss with those in our care, staff, friends, relatives etc. any social activities they would like to have arranged. A written list is kept of what activities, interests, opportunities for community contact etc. are available.

Residents are encouraged to make use of local services and amenities such as banks, cinemas, libraries, places of worship, pubs, and shops.

In the spirit of treating our residents as individuals, we like to celebrate birthdays, anniversaries, festivals, holidays etc. and actively encourage their family members to take part.

Specialist Services

At Oakley Lodge, our residents have readily available access to a number of specialist services. All of our residents are registered with a GP who has experience in individuals with learning disabilities and dementia. Qualified nursing staff are also at hand to administer medications and address any health needs.

Close liaison with Psychiatric services is also provided should they be required, with regular care and medication review.

Based on an individual's needs, physiotherapist services and dietician input are also available. We also ensure our residents have regular dental checks, and should you be interested, regular chiropodist checks. An in-house hair dress is also available.

Further information

Should you require further information, please don't hesitate to contact us by email or phone, and we will be happy to arrange a visit at your convenience.

We hope to hear from you soon.



Dr Ramneet Dhaliwal
Owner and Manager to Oakley Lodge



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